



DEVELOPING THE TALENT - THE ART - THE SPORT
Cadora - Ontario Association Inc.
DRESSAGE IN ONTARIO

SPRING, 2010 "MINI-NEWSLETTER"

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WAY TO GO, CANADA

It was all way too much, wasn't it?????! All those gutsy and stirring performances during the 2010 Vancouver Olympic Games were really very impressive (at least to this little Canadian...who wasn't expecting very much at all...). It's all well and good to blow your own horn, but Canada doesn't do that a lot, unlike some other countries. By the way, did I mention I was in Florida while the Olympics were on? Yes...a totally different perspective on the Games down there...how wonderful all the U.S. athletes are/were (...blowing their own horn...) – and – some of them were truly wonderful. Sad to say, many of them seemed to have lost the humility that comes with success and recognition, and said athletes couldn't wait to get the hell out of Dodge and appear on American talk shows as soon as their events finished. How sad...these wonderful and successful athletes missed a closing ceremony that was one-of-a-kind. You probably won't be surprised to learn that Vancouver really screwed up (according to NBC) in the opening ceremony when the torch-lighting failed a bit. And, of course, the demise of the Georgian luger even before the games began warranted only criticism from NBC. That death was all Canada's fault for building such a fast and dangerous track (...never mind there had been approximately 30,000 training runs on that track without incident...) "Faster, higher, stronger" are the three words via which any Olympic Games exist (Winter and Summer). It's all about striving for excellence; it's all about improving technique; it's all about competing, not necessarily for a country, but more for yourself...to see if you can do it. Probably the gutsiest and most stirring performance was Joannie Rochette's short figure-skating programme. She was able to temporarily set aside the emotions caused by a deep personal loss to skate an inspirational, near-perfect programme and yes, she "medalled". Way to go, Joannie! You're what this country is all about!! WAY TO GO, CANADA!!

PRESIDENT'S MESSAGE

Happy New Year fellow Cadora-Ontarians!!! I know my greeting is a tad late, but, nonetheless, it comes from the heart. Winter (so far) has been fairly kind to Ontario, and we haven't had the major snowfalls we usually experience at this time of year. Why? El nino? La nina? Global warming? The Olympic Games and all that Canadian gold? Suffice to say, the winter of 09-10 is almost history, and we can all get on with spring, competitions, horse-clipping, and all the other fun stuff that Ontarians do after hibernating. As indicated in the editorial on page 1, I was fortunate to be able to spend January and February in Florida this year, BUT my winter wasn't all that different from yours.

As was published in the last Cadora-Ontario paper newsletter, that WAS the last paper Cadora-Ontario newsletter as we jump to an e-newsletter in 2010...which this is...and isn't. This interim newsletter has been placed on the Cadora-Ontario web site because it seems a tad unfair to forward it only to those individuals who have already become Cad-Ont members in 2010 and thereby "dropping" all those stalwarts who joined last year. BUT...there is lots of information to disseminate NOW...so...this was the only way to get it to a lot of people in a fairly timely manner. Once we have a more extensive membership list with which to share the newsletter, it will be emailed to said members. For now, this will have to do.

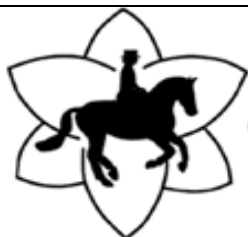
The first order of business is to tell you about this year's Annual General Meeting which will occur on Sunday, April 25th at Cedarbrook Farm starting at 11:00am (approximately). Please read on to get the scoop on this AGM and how you can be a part of it. It promises to be a grand affair complete with awards, door prizes, sumptuous food, and a whole lot more.

Also, in this newsletter, please find the list of those lucky individuals who have won awards as a result of competitive success over the 2009 season. Just a wee note: there is still some confusion about eligibility to win a Cadora-Ontario award. In order to do so, you have to be a member of Cadora-Ontario no later than June 1st of the current year. Please be reminded that joining your local group only is not the same thing as joining Cadora-Ontario. It costs a scant \$10.00 to join Cadora-Ontario, over and above joining your local group. Some groups collect Cadora-Ontario fees on your behalf whereas others do not. If you think you're joining Cadora-Ontario through your local group, please make sure you know that \$10.00 of the monies you pay will be forwarded to Cadora-Ontario...or...you can join directly by completing the membership form included with this newsletter or the one that has been on the Cadora-Ontario web site since last November. Either way, we're happy to have you as a member!!

And...switching hats for a moment...I'm happy to report that Cadora INC has made a bulk purchase of "Dressage Dreams 10", the latest book by Stephen Clarke which (according to those who have read/seen it) is the ultimate in both clarity and photography. Said books are being shipped as we "speak", and I hope to be able to have some at the AGM in April. The cost has yet to be determined, but you can be assured it will be well under the going rate of \$69.95 being charged by tack shops, bookstores, etc.

And, one final note: please plan on attending the 2010 Silver Dressage Championships. The Eastern Division will go on Sunday, September 12, and the Western Division will occur on Saturday, September 18th. The prize list will be out and about in a month or so...so...please watch the Cadora-Ontario web site for it!

See you at the AGM...!!!



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presents its

ANNUAL GENERAL MEETING & AWARDS LUNCHEON

on

Sunday, April 25, 2010

at

Cedarbrook Farm

812 8th Concession Road West, RR # 3, Puslinch, ON
commencing at 11:00am (approx)

*

Cost: \$20.00/person (advance purchase)

\$25.00/person (at the door)

[Please book early to ensure a seat!!]

*

Make cheques payable to: "Cadora-Ontario" and send to:

Mr. D. Barnes, President

CADORA-ONTARIO

13 - 1475 Upper Gage Avenue

Hamilton, Ontario

L8W 1E6

[PLEASE NOTE: Tickets will NOT be forwarded to attendees; names will be checked against a list at the door.]

*

Deadline for advance purchase: Friday, April 16, 2010

[Go to www.cedarbrookfarm.on.ca for location & directions]

*

[PLEASE NOTE: There is a short walk (through a field) from the parking area to the meeting site; please use appropriate footwear.]

No refunds under any circumstances

PROXY

Anyone not able to attend the 2010 Annual General Meeting of Cadora-Ontario may complete this proxy and give it to the person of his/her choice or return it (by mail) prior to April 25, 2010 to:

Don Barnes, 13-1475 Upper Gage Avenue, Hamilton, Ontario, L8W 1E6

*

The undersigned hereby appoints _____ (a current member of Cadora-Ontario) to attend the Annual General Meeting of Cadora-Ontario Association Inc. on Sunday, April 25, 2010 and to vote on his/her behalf on any business requiring a vote by eligible members.

DATED AT: _____ THIS _____ DAY OF _____ 2010.
(name of city, town, municipality, e.g.) (date) (month)

SIGNATURE: _____ CADORA GROUP: _____ \

Donations and Tax Receipts

Annual income tax return season will soon be here. What is a charitable donation? What qualifies for receiving a charitable donation tax receipt from CADORA Inc.? Here are the guidelines: CADORA Inc. is a "registered Canadian amateur athletic association" and has been since 1981. Donations made to CADORA Inc. may be claimed as a deduction by each donor when calculating his or her taxable income each year.

What is a donation?

- (1) CADORA Inc. offers tax receipts for only monetary donations and for a minimum amount of \$50.00.
- (2) Donations must be made by an individual (or individual business), and the cheque **must** be made payable to "CADORA Inc." and sent by mail to the Financial Officer (Mr. D. Rosensweig, 641 rue Charlevoix, Montreal, QC, H3K 2X8).
- (3) If the donor indicates that the donation is specifically for a local Cadora club or event, the amount donated will then be forwarded by cheque to the local club, less an administration fee of 5% of the total amount. (In the event that the donor makes the donation through the local club, payment must conform with the procedure in item 2).
- (4) Tax receipts to each donor will be forwarded no later than February of the following calendar year, and in most cases, will be forwarded immediately after the donation is received.

What is not considered a donation?

Anything other than a monetary donation will not qualify for a tax receipt.

This includes:

- Donation of Services (e.g: veterinary services, farrier services);
- Donation of Goods (e.g: riding equipment);
- Gift certificates (eg: a free day at the spa);
- Donations on behalf of another organization or charity (e.g: provincial Cadora group donates money to CADORA Inc. to sponsor an award);
- Any donation where the receipt would be in any name other than the donor himself (e.g: donation made to a local group which then forwards its own cheque to CADORA Inc.).

These are the guidelines for CADORA Inc. charitable donation receipts. Complete detailed information is available on the Canada Revenue Agency's website (www.cra-arc.gc.ca). For any further information please e-mail me at: thr@live.ca and it will be my pleasure to answer any questions you have.



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2009 CADORA-ONTARIO SILVER AWARD WINNERS

Cadora-Ontario is pleased to be able to present these awards, and, on behalf of its membership, congratulates all competitors on their achievements.

THANK YOU ALL FOR SUPPORTING THE SILVER DRESSAGE CIRCUIT!!!

[Please note: These awards will be presented at the 2010 Cadora-Ontario Annual General Meeting & Awards Luncheon on Sunday, April 25, 2010.]

TRAINING LEVEL YEAR-END AWARD WINNERS

[Award: Plaque & Certificate]

Freestyle

No eligible competitors

Amateur

- 1st - Rhonda Burke
- 2nd - Shirley Bosley
- 3rd - Rachel Pfister

Junior

- 1st - Emily Warren
- 2nd - Jonah Freedman
- 3rd - Danielle Berneche

Open

- 1st - Marcy Laframboise

FIRST LEVEL YEAR-END AWARD WINNERS

[Award: Plaque & Certificate]

Freestyle

- 1st - Serina King

Amateur

- 1st - Tom Church
- 2nd - Serina King
- 3rd - Katie Fleming

Junior

- 1st - Natalie Mezzapelli
- 2nd - Kristen Wight
- 3rd - Rose Stacey

Open

- 1st - Lisa Middlebrook
- 2nd - Bianca Church
- 3rd - Jennifer Irwin

SECOND LEVEL YEAR-END AWARD WINNERS

[Award: Plaque & Certificate]

Freestyle

No eligible competitors

Amateur

- 1st - Lisa Wood
- 2nd - Katrina Houser

Junior

- 1st - Mackenzie Rooney

Open

- 1st - Allison Moore
- 2nd - Kathleen Thomas

THIRD LEVEL YEAR-END AWARD WINNERS

[Award: Plaque & Certificate]

Freestyle

No eligible competitors

Amateur

- 1st - Roz Pritchard
- 2nd - Barb Zizzi

Junior

No eligible competitors

Open

- 1st - Lisa Middlebrook
- 2nd - Lynne Poole

FOURTH LEVEL YEAR-END AWARD WINNERS

[Award: Plaque & Certificate]

Freestyle

1st - Adam Archambault

Amateur

1st - Lynda Cooper

2nd - Adam Archambault

Junior

No eligible competitors

Open

1st - Gaye Johnson

2nd - Mary Ann Jones

SILVER CHALLENGE WINNERS

[Award: \$100. & Certificate]

Training Level: Jonah Freedman

First Level: Lisa Middlebrook

Second Level: No eligible competitors

Third Level: Lynne Poole

Fourth Level: No eligible competitors

SILVER SCHOLARSHIP WINNERS

[Award: \$100. & Certificate]

Training Level: Kirsten Kaiser

First Level: Kristen Wight

Second Level: Katrina Houser

Third Level: Roz Pritchard

Fourth Level: Lynda Cooper

SILVER DRESSAGE CHAMPIONS

[Award: Medallion & Certificate]

Training Level

A - Rhonda Burke

Jr - Jonah Freedman

O - Kirsten Kaiser

First Level

Jr - Kristen Wight

O - Lisa Middlebrook

Second Level

A - Katrina Houser

Jr - Mackenzie Rooney

O - Kathleen Thomas

Third Level

A - Roz Pritchard

O - Lynne Poole

Fourth Level

A - Lynda Cooper

O - Gaye Johnson

CADORA-ONTARIO TEAM

CHAMPIONSHIP WINNERS

[Award: \$100./rider & Certificate]

Northern Equestrian Dream Team

Rhonda Burke

Meaghan Cullen

Adelise Lalande

Justin Li

CADORA-ONTARIO BRONZE

AWARD WINNERS

[Award: Saddle Pad & Certificate]

First Level

Emily Warren

Advertising in the Cadora-Ontario Newsletter

The Cadora-Ontario is published twice/year and reaches approximately 500 dressage-oriented individuals. All ads must be black & white, "newsletter-ready", and sent to Don Barnes, 13-1475 Upper Gage Avenue, Hamilton, ON, L8W 1E6. Copy should be received before the end of January and the end of August of the current year.

Advertising Rates		
SIZE OF AD	ONE EDITION	TWO EDITIONS
Full page	\$100.00	\$160.00
Half page	\$55.00	\$95.00
Quarter page	\$40.00	\$70.00
Business card	\$20.00	\$30.00



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2010 MEMBERSHIP FORM FOR CADORA-ONTARIO

NAME: _____ JR _____ SR _____

ADDRESS: _____ CITY: _____

PROV: _____ POSTAL CODE: _____ GROUP: _____

EMAIL ADDRESS: _____ PHONE: _____

**Please complete this form and forward together with fees to your
LOCAL MEMBERSHIP SECRETARY or:**

D.J. Barnes, 13 - 1475 Upper Gage Avenue
Hamilton, Ontario, L8W 1E6

[PLEASE NOTE: If your local group collects Cadora-Ontario fees on your behalf, then please feel free to continue to use that method of joining Cadora-Ontario and disregard this form altogether.]

Fees for 2010:

\$10.00 / person (Junior or Senior)
[Cheques payable to "Cadora-Ontario"]

[PLEASE NOTE: To be eligible for any Cadora-Ontario Awards, membership in Cadora-Ontario must be obtained no later than June 1st of the current year.]